

Campus Outreach Indianapolis

Human Resource Assessment

The Keirsey Temperament Sorter

A Myers-Briggs Type Indicator

There are no wrong answers, except those that are not naturally yours. Do not answer the questions as you wish you were, or you hope to be, but rather as you truly are today. The instrument will help you most if you complete it honestly.

Sample:

1. At a party, do you

a. interact with many, including strangers

b. interact with a few, known to you

2. Are you more

a. realistic

b. philosophically inclined

The Keirsey Temperament Sorter

A Myers-Briggs Type Indicator

Name: _____

Date: _____ Type: _____

1. At a party, do you

a. interact with many, including strangers

b. interact with a few, known to you

2. Are you more

a. realistic

b. philosophically inclined

3. Are you intrigued by

a. facts

b. similes

4. Are you usually more

a. fair minded

b. kind hearted

5. Do you tend to be more

a. dispassionate

b. sympathetic

6. Do you prefer to work

a. to deadlines

b. just "whenever"

7. Do you tend to chose

a. rather carefully

b. somewhat impulsively

8. At parties, do you

a. stay late, with increasing energy

b. leave early, with decreased energy

9. Are you a more

a. sensible person

b. reflective person

10. Are you more drawn to

a. hard data

b. abstruse ideas

11. Is it more natural for you to be

a. fair to others

b. nice to others

12. In first approaching others are you more

a. impersonal and detached

b. personal and engaging

13. Are you usually more

a. punctual

b. leisurely

14. Does it bother you more having things

a. incomplete

b. completed

15. In your social groups do you

a. keep abreast of others' happenings

b. get behind on the news

16. Are you usually more interested in

a. specifics

b. concepts

17. Do you prefer writers who

a. say what they mean

b. use lots of analogies

18. Are more naturally

a. impartial

b. compassionate

19. In judging are you more likely to be

a. impersonal

b. sentimental

20. Do you usually

a. settle things

b. keep options open

21. Are you usually rather

a. quick to agree to a time

b. reluctant to agree to a time

22. In phoning do you

a. just start talking

b. rehearse what you will say

23. Facts

a. speak for themselves

b. usually require interpretation

24. Do you prefer to work with

a. practical information

b. abstract ideas

25. Are you inclined to be more

a. cool headed

b. warm hearted

26. Would you rather be

a. more just than merciful

b. more merciful than just

27. Are you more comfortable

a. setting a schedule

b. putting things off

28. Are you more comfortable with

a. written agreements

b. handshake agreements

29. In company do you

a. start conversations

b. wait to be approached

30. Traditional common sense is

a. usually trustworthy

b. often misleading

31. Children often do not

a. make themselves useful enough

b. daydream enough

32. Are you usually more

a. tough minded

b. tender hearted

33. Are you more

a. firm than gentle

b. gentle than firm

34. Are you more prone to keep things

a. well organized

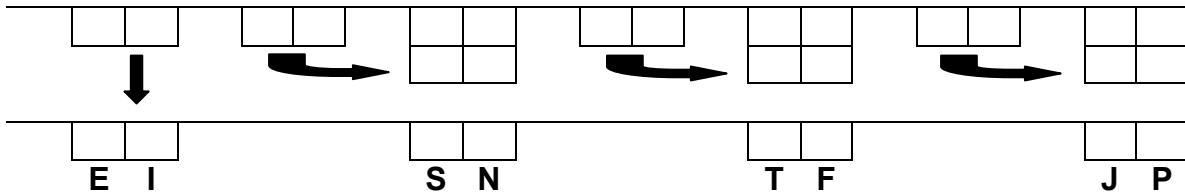
b. open ended

- 35. Do you put more value in the**
a. definite
b. variable
- 36. Does new interaction with others**
a. stimulate and energize you
b. tax your reserves
- 37. Are you more frequently**
a. a practical sort of person
b. an abstract sort of person
- 38. Which are you drawn to**
a. accurate perception
b. concept formation
- 39. Which is more satisfying**
a. to discuss an issue thoroughly
b. to arrive at agreement on an issue
- 40. Which rules you more**
a. your head
b. your heart
- 41. Are you more comfortable with work**
a. contracted
b. done on a casual basis
- 42. Do you prefer things to be**
a. neat and orderly
b. optional
- 43. Do you prefer**
a. many friends with brief contacts
b. a few friends with longer contact
- 44. Are you more drawn to**
a. substantial information
b. credible assumptions
- 45. Are you more interested in**
a. production
b. research
- 46. Are you more comfortable when you are**
a. objective
b. personal
- 47. Do you value in yourself that you are**
a. unwavering
b. devoted
- 48. Are you more comfortable with**
a. final statements
b. tentative statements
- 49. Are you more comfortable**
a. after a decision
b. before a decision
- 50. Do you**
a. speak easily and at length with strangers
b. find little to say to strangers
- 51. Are you usually more interested in the**
a. particular instance
b. general case
- 52. Do you feel**
a. more practical than ingenious
b. more ingenious than practical

- 53. Are you typically more a person of**
a. clear reason
b. strong feeling
- 54. Are you inclined more to be**
a. fair-minded
b. sympathetic
- 55. Is it preferable mostly to**
a. make sure things are arranged
b. just let things happen
- 56. Is it your way more to**
a. get things settled
b. put off settlement
- 57. When your phone rings do you**
a. hasten to get to it first
b. hope someone else will answer
- 58. Do you prize more in yourself a**
a. good sense of reality
b. good imagination
- 59. Are you drawn more to**
a. fundamentals
b. overtones
- 60. In judging are you usually more**
a. neutral
b. charitable
- 61. Do you consider yourself more**
a. clear headed
b. good willed
- 62. Are you more prone to**
a. schedule events
b. take things as they come
- 63. Are you a person that is more**
a. routinized
b. whimsical
- 64. Are you more inclined to be**
a. easy to approach
b. somewhat reserved
- 65. Do you have more fun with**
a. hands-on experience
b. blue-sky fantasy
- 66. In writings do you prefer**
a. the more literal
b. the more figurative
- 67. Are you usually more**
a. unbiased
b. compassionate
- 68. Are you typically more**
a. just than lenient
b. lenient than just
- 69. Is it more like you to**
a. make snap judgments
b. delay making judgments
- 70. Do you tend to be more**
a. deliberate than spontaneous
b. spontaneous than deliberate

Please total your results below and then email to cmmmary@campusoutreach.org.

	a	b		a	b		a	b		a	b		a	b		a	b			
1			2			3			4			5			6			7		
8			9			10			11			12			13			14		
15			16			17			18			19			20			21		
22			23			24			25			26			27			28		
29			30			31			32			33			34			35		
36			37			38			39			40			41			42		
43			44			45			46			47			48			49		
50			51			52			53			54			55			56		
57			58			59			60			61			62			63		
64			65			66			67			68			69			70		



Type: _____

Find your type on the next page to learn more about your personality type. Remember, this is just a test and not meant to put you in a box. The test is designed to help you better understand your tendencies. Not everything from your personality description may pertain to you.

Myers-Briggs Personality Descriptions

(adapted from *LifeKeys* by Kise, Stark, Hirsch)

ISTJ

“Hold them in the highest regard in love because of their work.” 1 Thessalonians 5:13

Contribution to the Spiritual Community

- Being dutiful and responsible conservers of tradition
- Having hard-working, dependable, and pragmatic habits
- Using past experience effectively
- Consistently bringing order and logic to all they do

Leadership Style

- Traditional and analytical approach
- Focusing on a daily basis on what needs to be done to keep things "shipshape"
- Adding an efficient and factual perspective to leadership
- Selected by others to lead because of straightforward approach

Common "Confessions

- Not wanting to change the status quo
- Becoming rules-minded and overlooking exceptional needs
- Seeking to know all the nitty-gritty and in the process missing the "big picture"
- Doubting they are "fearfully and wonderfully made," being too aware of areas for self-improvement

Preferred Environment for Service

- Individual, hands-on assignments or projects
- Administrative areas, especially organizational, financial, record keeping
- Managing general office tasks to keep things running smoothly
- Overseeing work or doing it themselves

Possible Spiritual Helps

- Traditional Bible study
- Daily devotions, contemplation, and prayer
- Reading or hearing about tangible and concrete examples of God's grace in action
- Religious objects which serve as reminders of one's faith

Trap: Being so aware of "works" that they forget they are already saved through grace, not through action

ISTP

“But whoever lives by the truth comes into the light so that it may be seen plainly that what he has done has been done through God.” John 3:21

Contribution to the Spiritual Community

- Finding the best way—without red tape—to handle a project
- Contributing quietly, behind the scenes

- Setting up and maintaining automation, computerization
- Being a storehouse of facts and details about their special interests

Leadership Style

- Crisp, practical, efficient, as needed leadership
- Hands-off style unless situation or people call for more
- Perseverance, technical orientation, matched with flexibility and calmness
- Nonhierarchical and egalitarian model for authority

Common "Confessions"

- Allowing spiritual life to be more incidental or accidental
- Finding worship or emotional expression of others awkward or even intimidating
- Not factoring the needs of others into daily living
- Trying to reduce everything to a logical formula

Preferred Environment for Service

- Tasks requiring artisans or craftspeople
- Straightforward, pragmatic, and necessary projects (sidewalk repairs, building upkeep, etc.)
- Involvement with physically oriented or sports ministries
- Crisis intervention-flood and other kinds of disaster relief

Possible Spiritual Helps

- Disciplined quiet study and prayer
- One-on-one spiritual direction with a trusted, like-minded other
- Reading and reflecting about biblical facts and details essential to one's faith
- Being in nature

Trap: Isolating self from spiritual community

ESTJ

“Be diligent in these matters; give yourself wholly to them.” 1 Timothy 4:15

Contribution to the Spiritual Community

- Organizing to meet day-to-day concerns
- Using direct experience/memory of what is most efficient
- Modeling consistent spiritual habits
- Insisting that "hard questions" be answered

Leadership Style

- Traditional, hierarchical style
- Modeling preparedness and efficiency
- Defining and focusing efforts to meet goals
- Marshaling people and tasks in a no-nonsense manner

Preferred Environment for Service

- Management and administration
- Direct, tangible, need-related projects
- Ferreting out problematic areas

- Managing funds according to goals and schedules

Common "Confessions"

- Staying stuck with the tried and true
- Becoming overly rules-bound/ legalistic
- Skeptical-needing proof first
- Missing the wider ramifications of their quick decisions

Possible Spiritual Helps

- Introspection and meditation
- Developing empathy through serving others face-to-face
- Allowing Bible study to influence personal values
- Spending more time with those about whom they care

Trap: Doubting the relevance of even having a faith

ESFJ

“For I am not seeking my own good but the good of many, so that they may be saved.”

1 Corinthians 10:33

Contribution to the Spiritual Community

- Preserving the faith from one generation to the next
- Offering a service orientation, warmth and caring
- Making people feel welcome and valued
- Knowing what matters for people and organizations

Leadership Style

- Traditional take-charge yet take-care style
- Building relationships into coalitions to accomplish tasks
- Including others' opinions and inviting them into direct service
- Following a cooperative, consensual, and timely plan to get things done

Preferred Environment for Service

- Hospitality responsibilities (welcoming, decorations, social activities, etc.)
- Visiting with the elderly, sick, shut-ins
- Organizing food shelves, daycare shelters, recovery groups, etc.
- Administrating youth, education, or social organizations

Common "Confessions"

- Telling others what they ought/ should be doing
- Sweeping conflicts under the rug to maintain harmony
- Caretaking until others lose interest in providing for their own needs
- Being reluctant to question tradition or leaders

Possible Spiritual Helps

- Group Bible study with applications to daily life
- Evangelism and other outreach programs
- Retreats with others where emphasis is on Christian fellowship

- Reading/hearing accounts of grace in the lives of others

Trap: Focusing so much on others that they overlook their own feelings and needs

ESTP

“Therefore everyone who hears these words of mine and puts them into practice is like a wise man who built his house on the rock.” Matthew 7:24

Contribution to the Spiritual Community

- Paying attention to what needs doing/fixing right now
- Meeting practical needs in the most efficient way
- Reminding others of the joys of this life, this present time
- Adding a "spark of life" to what they care about; catch the moment and ride the wave!

Leadership Style

- Negotiator, conciliator, or motivator to action
- Bringing order out of chaos, managing distractions well
- Finding the fastest and most direct way to move a task along
- Using an uncanny and exquisite sense of timing when taking charge

Preferred Environment for Service

- Natural crises and disaster relief
- Working with all ages in activity oriented ministries
- Hands-on projects
- Taking care of physical property

Common "Confessions"

- Questioning reality of religion; hard to take things on faith
- Being skeptical about immortality
- Overlooking spiritual life because of focus on real life
- Finding it hard to be patient in dry periods of faith

Possible Spiritual Helps

- In-depth Bible study, focusing on the logical and practical applications of faith
- Quiet time for meditation and rest
- Being in nature

Trap: Spending too much time in activities, too little in reflection

ISFJ

“Pursue righteousness, godliness, faith, love, endurance, gentleness.” 1 Timothy 6:1, NRSV

Contribution to the Spiritual Community

- Providing stability, improving efficiency
- Offering a sensible and matter-of-fact attention to daily concerns of people
- Accurately recalling specifics found in conversations and situations
- Adding a sense of dignity and respect to all aspects of the community

Leadership Style

- Encouraging the best from others
- Conscientiously organizing behind the scenes to accomplish tasks
- Enrolling others in a practical, kind, and cooperative way
- Willing to lead if asked

Preferred Environment for Service

- Office administration, financial and other record keeping
- Projects focused on health or medical care for others
- Standing committees whose purpose is to provide practical help
- Assisting willingly in any volunteer activity as asked

Common "Confessions"

- Not seeing how all the details add up to become the overall plan
- Retreating from calling attention to selves or claiming their just due
- Avoiding complex and philosophical topics
- Filling time with "all that needs to be done," sometimes neglecting their own spiritual needs

Possible Spiritual Helps

- Spiritual direction for insights as to how God is at work in their lives
- Being in nature to contemplate and sense God's creation
- Structured traditional daily devotions and prayer
- Bible verses that appeal to the senses-the lilies of the field, a single mustard seed, etc.

Trap: Deferring too much to the wants of others

ISFP

“Truly I tell you, just as you did it to one of the least of these who are members of my family, you did it to me.” Matthew 25:40, NRSV

Contribution to the Spiritual Community

- Providing loving, gentle, behind-the-scenes help
- Seeing the hand of God in the beauty of nature
- Offering acts of altruistic charity
- Giving immediate, direct, one-on-one help to people in need

Leadership Style

- Leading directly only when they have crucial knowledge or when no one else will
- Taking responsibility by doing needed detail and follow through
- Considerate, compassionate, tolerant, and forgiving
- Flexible and open to needs of the present

Preferred Environment for Service

- Nursery, preschool, those with special needs, and elder care
- Prayer and healing
- Practical support to needy others

- Participating in craft and artistic endeavors

Common "Confessions"

- May not take credit that is due, and may be too modest for their own good
- Sacrificing self to greater welfare
- Avoiding firm stand until values are crossed-then watch out!
- Not making appropriate demands on others

Possible Spiritual Helps

- Selecting role models for the kind of spiritual life sought
- Being in nature, meditating on God in natural things; experiencing true leisure time alone for reflection
- Joining a small group to add structure to spiritual journey

Trap: Not valuing self highly enough

ESFP

“A cheerful heart is good medicine.” Proverbs 17:22

Contribution to the Spiritual Community

- Reminding others how to appreciate the wonders of God through one's five senses
- Bringing enjoyment to all
- Being generous with time and talents
- Adding warmth, excitement, and fun to endeavors

Leadership Style

- Attracting others by enthusiasm, optimism, and zest
- Energizing people to start a task
- Seeking input from all involved before making a binding decision
- Facilitating conflict and crises through a warm and personal approach

Preferred Environment for Service

- Tangible acts of service for others such as decorating, providing flowers, or arranging transportation
- Youth, young adult, sports, and action-oriented ministries
- Visitation of sick and elderly
- Planning and staffing community-building celebrations or gatherings

Common "Confessions"

- Neglecting to make time for God and spiritual matters
- Not giving enough thought to future concerns
- Being too generous or giving too much of self to others
- Not wanting to act alone

Possible Spiritual Helps

- Group devotions or study time
- Looking for concrete experiences of God in daily life
- Biblical study for applications to one's own life
- Considering both the positive and negative sides of spiritual offerings

Trap: Trying to please everyone at the same time

INFJ

“Therefore encourage one another and build each other up, just as in fact you are doing.”

1 Thessalonians 5:11

Contribution to the Spiritual Community

- Understanding the feelings and motivations of others
- Finding creative ways for people to accomplish tasks, making the process enjoyable
- Modeling integrity and follow-through
- Lending future-oriented ideas to planning and development

Leadership Style

- Developing an atmosphere of mutual trust
- Working for cooperation rather than demanding it
- Inspiring others with their goals and plans for attaining them
- Acting as facilitators

Preferred Environment for Service

- Ministries that seek to help others grow and develop
- Spiritual direction or one-on-one counseling
- Using words, oral or written, to influence outcomes for people
- Small group leadership

Common "Confessions"

- Finding it difficult to ask others for help
- Reluctantly advocating for their ideas or talents
- Focusing with such intensity on their own "vision" that they miss the suggestions of others
- Withholding needed criticism to maintain harmony

Possible Spiritual Helps

- Journaling and poetic writing
- Finding an "encourager," someone who will listen to ideas and suggest taking action
- Using creative imagery to make Scripture come alive
- Time alone to reflect, meditate, and pray

Trap: Trying to work things out alone, being hesitant or afraid to ask for the help of others

INFP

“Do not conform any longer to the pattern of this world, but transformed by the renewing of your mind.” Romans 12:2

Contribution to the Spiritual Community

- Bringing a compassionate, caring, and personal focus to those places they serve
- Adding a spirit of harmony
- Reminding others of their ideals and the worthiness of striving to meet them
- Providing a positive vision for the future

Leadership Style

- Facilitating people and processes
- Persuading through their convictions and inspiring others to do what is right
- Working with individuals to reach their fullest potential
- Holding people and organizations accountable to values; providing integrity

Preferred Environment for Service

- One-on-one counseling/ coaching
- Prayer partners
- Areas where they can add creative ideas
- Ministries that make use of the fine arts

Common "Confessions"

- Taking negative feedback personally, needing too much positive support
- Believing that others do not care enough
- Avoiding issues where conflict may emerge unless a value is crossed—then a tiger emerges!
- Coming across to others as too idealistic and impractical

Possible Spiritual Helps

- Reading and identifying with the compassionate "giants" of faith
- Prayer partners and prayer circles
- Contemplation and meditation
- Inspirational music, books, and symbols

Trap: Being entrenched in one's ideals

ENFP

“Whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable—if anything is excellent or praiseworthy—think about such things.” Philippians 4:8

Contribution to the Spiritual Community

- Offering warmth and enthusiasm
- Adding vision and zest to community undertakings
- Sharing resources, especially people and books
- Valuing widespread interests and relationships

Leadership Style

- Using personal charm and charisma to get others started
- Motivating and encouraging people to do their best
- Advocating for the less fortunate
- Providing ingenious ideas

Preferred Environment for Service

- Missions or service-related projects that involve building relationships
- Evangelism, public speaking, promoting
- Liaison to other service organizations/groups, especially those with a creative focus
- Youth work, multicultural and diverse environments

Common "Confessions"

- Over-committing—so many needs, so little time
- Neglecting to give attention to personal, physical, and emotional needs
- Learning just enough about a subject to be "dangerous" or to get by
- Not following through before moving on

Possible Spiritual Helps

- Methodical spiritual disciplines (prayer, study, worship, etc.)
- Singing, acting, dancing, being out in the natural world
- Spiritual study, discussion, or fellowship with small groups
- Self-reflection to get in touch with own feelings

Trap: Being attracted to the newest, latest, most intriguing ...

ENFJ

"For I know the plans I have for you," says the Lord, "plans to prosper you and not to harm you, plans to give you hope and a future." Jeremiah 29:11

Contribution to the Spiritual Community

- Monitoring values and integrity
- Supporting others with warmth and encouragement
- Believing in the positive nature of people
- Inviting others to live up to their ideals

Leadership Style

- Large-scale organizing using the best people have to offer
- Planning for the future needs of the group or community
- Modeling exemplary behavior
- Being willing to personally dig in to accomplish the task at hand

Preferred Environment for Service

- Preaching, adult and children's education, sharing one's faith via oral communication
- Greeting newcomers, creating inclusive atmospheres
- Structuring ministries to target the large-scale needs of people
- Organizing fellowship activities and providing a sense of harmony and fun

Common "Confessions"

- Becoming too personally involved in the success or failure of endeavors
- Assuming their way is the most noble or altruistic
- Keeping conflict under wraps in favor of harmony, not wanting to ruffle feathers
- Taking the weight of the world on their shoulders

Possible Spiritual Helps

- Personal quiet time with God
- Rest and spiritual retreat to remove responsibilities and focus on personal faith
- Studying the lives of biblical and other spiritual leaders for insights into their personal lives
- Meeting with others in mutual authenticity, looking past the "shoulds" to encourage and honestly affirm each other

Trap: Avoiding the expression of negative feelings that might result in disharmony—even in relationship with God.

INTJ

“I devoted myself to study and to explore by wisdom all that is done under heaven.”
Ecclesiastes 1:13

Contribution to the Spiritual Community

- Envisioning systems to create a better world
- Breaking new ground, shifting paradigms, and changing the way people view things
- Designing or adjusting strategies and structures for future needs
- Thinking and acting independently from traditional or outmoded ways

Leadership Style

- Being a force for change by virtue of the power of their ideas
- Challenging self and others to work toward a compelling future
- Developing conceptual designs and models
- Seeing patterns and systems which solve complex problems

Preferred Environment for Service

- Spiritual coaching and direction
- Teaching, especially adults
- Long-range planning and strategy development
- Finding new approaches with wide ramifications for traditional ministries

Common "Confessions"

- Reluctant to share real self with others
- Wanting to find answers to everything that interests or concerns them
- Not feeling as competent as they'd like
- Expecting others to "see" the future as they do

Possible Spiritual Helps

- Spiritual direction to address specific issues
- Intellectual study, dialogue or debate on matters of faith, especially with experts
- Contemplation, reflection, and meditation
- Silent or directed spiritual retreats

Trap: Being lost in thought—not mindful of others or situation

INTP

“And this is my prayer: that your love may abound more in knowledge and depth of insight.” Philippians 1:9

Contribution to the Spiritual Community

- Relentlessly searching for truth in all things spiritual
- Finding out the long-term consequences of any given plan or strategy for action
- Pointing out errors of logic or sentimentality
- Providing clear, analytical frameworks for understanding

Leadership Style

- Winning respect through depth of knowledge
- Demonstrating ability to conceptualize an issue
- Influencing through theoretical ideas
- Making decisions from a sound, logical foundation

Preferred Environment for Service

- Providing an orderly approach to exploring spiritual issues
- Scholarly or intellectual endeavors
- Conceptualizing or blueprinting an outreach ministry, or service effort
- Program review and development

Common "Confessions"

- Getting too caught up in skepticism
- Attempting to intellectualize faith to the exclusion of the heart
- Ignoring physical and other tangible needs until problems arise
- Underestimating the personal needs of others, overriding their concerns

Possible Spiritual Helps

- Intellectually demanding and challenging Bible study
- Spiritual resources which demonstrate logically the principles of faith
- Reflection, prayer, and meditation
- Spiritual direction with accountability for continuing their Christian growth

Trap: Not realizing how they are coming across, especially when in pursuit of truth

ENTP

“Not that I have already obtained this or have already reached the goal; but I press on to make it my own, because Christ Jesus has made me his own.” Philippians 3:12, NRSV

Contribution to the Spiritual Community

- Initiating new projects, direction, etc., with enthusiasm and energy
- Meeting challenges proactively
- Providing insight and imagination to tasks and projects
- Exhibiting resourcefulness with strategies and structures

Leadership Style

- Using models and logical systems to meet needs

- Speaking out for change
- Organizing, operating, and assuming the risk for new ideas and approaches
- Challenging and encouraging personal and/or organizational achievement

Preferred Environment for Service

- Liaison to other service groups, especially those with a novel or unusual focus
- World service and missions
- Strategy development for congregations and missions
- Marketing and promoting spiritual needs and services

Common "Confessions"

- Overselling the benefits, forgetting or omitting the bare, cold facts
- Taking ownership of tasks from others, overextending one's boundaries
- Believing that what is so easily imagined can be easily achieved
- Not following procedures, ignoring rules

Possible Spiritual Helps

- Methodical spiritual disciplines
- Challenging, intellectually vigorous Bible study
- Corporate worship
- Personal relationship with God

Trap: Competitiveness

ENTJ

“Dear children, let us not love with words or tongue but with actions and in truth.”
John 3:18

Contribution to the Spiritual Community

- Developing long-range plans for people and organizations
- Understanding how parts relate to whole
- Bringing a logical order to problems
- Intellectual and philosophical insights applied to spiritual matters

Leadership Style

- Taking charge when a strong leader is needed
- Using conceptual models to guide action
- Exhibiting dedication, concentration, confidence
- Standing firm on principles against opposition

Preferred Environment for Service

- Leadership, long-range planning, strategic alignment or development of mission
- Fund-raising and investing
- Program evaluation and development
- Adult education

Common "Confessions"

- Railroading gentler types
- Overly rational, wanting to reduce everything to a logical formula or principle

- Holding to rigorous standards for self and others
- Being impatient and critical

Possible Spiritual Helps

- Intellectually oriented Bible study
- Discussion/dialogue with a respected spiritual leader
- Contemplation and prayer to build a more personal relationship with God
- Inquiry and learning through exploration of theological questions

Trap: Not being open to the influence of others